



We're Here to Help

Come, just as you are. Let us take care of you,
for a good today and a better day tomorrow.



Health &
Rehabilitation
Center



Nestled in the Hills of Turtle Creek

The LGAR Health and Rehabilitation Center is a Skilled Nursing Facility nestled in the hills of Turtle Creek in the eastern suburbs of Allegheny County. We are minutes away from Monroeville, Wilmerding, Wall, Trafford, North Versailles, East Pittsburgh, Braddock, Forest Hills, Chalfont, Wilkins Township, Churchill, Penn Hills, Murrysville, and McKeesport. Our staff is committed to quality, compassion and good old neighborhood friendliness. With these values as the foundation of our organization, the care and concern provided is like no other.

We understand the importance of a kind word, a gentle touch and the healing power of a smile. Our staff performs their work competently and considerately. We understand and respect that everyone has different needs. Whether for a short visit to recuperate or rehabilitate at therapy, for a new residential home or for a respite stay, we welcome you... **just as you are.**



Our Services



RECUPERATION

After a hospitalization for medical or surgical reasons, a person may require nursing support for care such as medication administration, intravenous medication, wound care, nutrition monitoring or health teaching. At LGAR, nursing and other clinical care is blended with rest and relaxation so recovery occurs at a comfortable pace and plans to return home are well prepared.



REHABILITATION AND RESTORATION

Offering rehabilitation and recuperation after a hospitalization is one of our specialties. Providing physical, occupational and speech rehabilitation is an important part in regaining functioning and independence.

Restorative Nursing is a service for those who no longer require rehabilitative therapy but can benefit from gentle and therapeutic exercises.



RESIDENTIAL LIVING

When living at home is no longer possible, LGAR can become the new residence for a person needing daily assistance. We understand the variables in adjusting to a new home and our staff endeavors to help each person settle in at their own pace.



RESPITE

Respite care is a short stay service available at LGAR. When a person is being cared for at home and their caregiver needs to be away or is unable to provide care for a short period of time, we can take care of the person at our facility during that short time.

Our Professionals

Our attending and consultant physicians are in regular contact with their patients via on-site visits and telephone communications with the nursing staff. The Doctors are affiliated with our nearby acute care hospitals. Consultant physicians are from wound management, psychiatry, dentistry, podiatry and optometry.

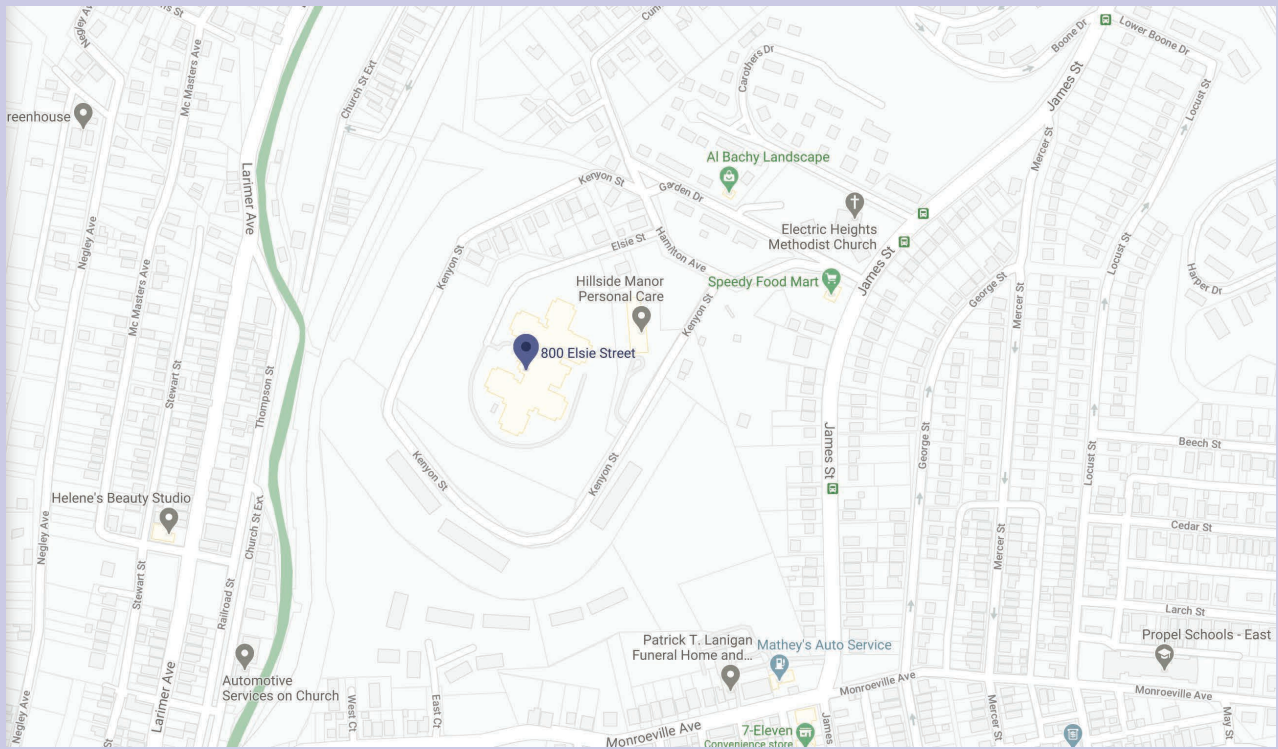
Staff: LGAR Health & Rehabilitation Center
LGAR's Registered Nurses provide professional supervision of Licensed Practical Nurses, Certified Nurse Aides, and other medical and health services personnel. The Registered Nurses coordinate the development of a personal plan of care for each person staying at our facility.

Licensed physical, occupational and speech-language therapists join with therapy assistants to apply principles of rehabilitation for anyone needing to regain mobility, communication skills or functional life skills.

Nutrition management is overseen by a Registered Dietitian who interacts with the Physician, Pharmacist, Registered Nurse and Dietary Director to assure nutrition and hydration needs are achieved. We strive to accommodate personal food preferences in concert with medication interactions and physiologic requirements.

In addition to dispensing prescribed medications, our Pharmacists monitor drug effectiveness and communicate regularly with the attending physician about the individual's medication regime. The nursing staff has electronic access to the Pharmacist for consultation about any medication inquiry.





Contact Information

800 Elsie Street, Turtle Creek, PA 15145

P: 412-825-9000

F: 412-825-9204

lgar.org

**EQUAL
OPPORTUNITY
EMPLOYER**

